



# 1001 FACTS

MISS LIGHTFOOT works in a factory all day. She makes no song or dance about it, but she is doing her bit. And the thing you couldn't help noticing is that even in wartime conditions she is seldom tired, never ill, never nervous.

What is it Miss Lightfoot does that perhaps you don't? She eats potatoes and carrots. So do you. But she eats them every day—and every day in a different way. They protect her from illness and fatigue and keep her full of vitality. They'll do just the same for you.

## Carrot Sandwiches for a change

1. Add two parts of grated raw carrot to one part of beef, chicken or ham, and bind with cottage or sweet pickle. Pepper and salt to taste.

2. Equal amounts of grated raw carrot, cabbage, heart of celery, carrot, celery bound with cottage or sweet pickle. Pepper and salt to taste.

3. Bind some grated raw carrot with mustard, flavoured with a dash of vinegar. Carrot sliced and served with cottage or sweet pickle. Pepper and salt to taste.

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## Carrot-Cap Salad

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## COMPLACENCY IS ONCE AGAIN THE CHIEF PERIL THAT CONFRONTS US. I THOUGHT WE HAD DESTROYED IT WHEN THE 'GUILTY MEN' WERE DISPOSED OF SUPREMACY CONTROL FOR MONTHS THINGS WERE SPEEDIED UP AND CALLED TO ITS TASK IN INSPIRING SPEECHES BY ITS NEW PRIME MINISTER, WHO FRANKLY TOLD THEM OF OUR GRAVE PLIGHT, THE NATION BENT ITSELF TO REARMAMENT.

But, despite the magnificent spirit among the people, who remain calm and patient under the blitz, Complacency is once again casting its enervating beams on our efforts. They are rosy-coloured and pleasant to look upon. But, where they raise, paralysis sets in.

The Germans are in the Mediterranean. Once again, we have let our chief enemy take the initiative. We are not making enough war material. We are not growing enough food. We are not building enough ships. We are not doing enough to win the war.

This is not the people's fault. It is caused by lack of directive ability. We have let our chief enemy take the initiative. We are not making enough war material. We are not growing enough food. We are not building enough ships. We are not doing enough to win the war.

White on the other side of the Channel, the conquered robots of Nazi Germany are forced to slave against their wills, making what Hitler plans as the means of our destruction. We still lack the all-important co-ordination with which Victory will be long delayed.

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## IN NOW ON THE FRONTIER OF HIS CONQUERED KINGDOM, ENCOURAGING A REVOLT THAT WILL HELP TO DRIVE THE ITALIANS, PERHAPS, FROM POSE AND ALL OUT OF AFRICA.

Yes, there are signs of hope here and there. Our Libyan advance, taken at great risk, and the Greek advance, which has surprised the world, still go on successfully.

But, on the other hand, the Government's home policy—and it is quite as important—is so ineffective and weak that it is the subject of bitter comment on all hands.

More drive is needed, more energy, more co-ordination. And there should be greater frankness from our leaders.

I see that J. B. Priestley is going back on the air, on Sunday nights. Now it is said "he stopped at the air request." We were told before that he was of doubtful courage he had been saying too much!

Actually, the Sunday postscripts should be delivered by the Government, high-placed members of the Government, who should be forthright and warn the nation. More important—what is yet to be done.

That, too, is what we of the Democracies would like to know. What are your plans, now you have taken the reins of the reins of your leaders is the model?

What has Mussolini, the Arch-tyrant, done since he has been rewarded your loyalty and acclamation? You may not answer, but anyone could fill in the blanks.

HE HAS GIVEN US HIS OWN PECTACLE—A PONDROUS JOWLED, EGOTIST.

He has given us speeches not quickly logical, but loud staccato dogmatism. He has told us that he has killed his sons to the way of hatred, violence and war.

What if you would at least try to work in your name and not in the name of the gods? The only way to win is to win in the name of the gods.

"Aid," said an Australian to me yesterday, "if you English are contented under the blitz, here can you expect the Antipodes, with its abundant sunshine and warm sunshine, to be less content than you are?"

Meanwhile, the subversive whispers which are being spread underground for months, in the Tube and the public shelters, have now become open talk, a sort of "People's Conversation."

How dare we count on help from America when Communists are spreading in the factories, and even in the Army itself, defeatism is deliberately calculated to slow down production and spread disunity?

THE old Communist "tactic" is still being followed—namely, small troubles, aggravate discontent, and spreading out of molar hills.

The idea is, of course, that the war will end in a stalemate so that, out of the resultant disorder in Europe, Communism can seize power.

You must remember that it was largely because of Communism plotting in the arsenals of France, Germany, and Italy, that a great republic was destroyed.

Did you hear Duff Cooper's dramatic account of the night of the tragedy, the night of the French Republic is now reduced to a people who after the British made to Europe the greatest cultural contributions.

Anyways, whether these statements are true or not, their being put in the mouth of a Communist is a disaster of the first order.

It has failed to use the power it so boldly insisted upon as being necessary months ago.

For this case of Winston Churchill is responsible—seems to be meeting with more success than we did to hope for last summer.

Only at the Press table was heard: "Why, that's old Ted!"

## SOME STUDY WELTS FROM THE BRITISH AND A BRITISH-AUSTRIAN SUPPLIED THE WRECK-AGE.

It is because of these reasons, my dear Italian people, that I am writing this. Can there be anything more tickling than bragadocio that has been done in the world?

Just now, Europe has her first big war. I am writing this. Can there be anything more tickling than bragadocio that has been done in the world?

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### Pains in Back Gone in 3 Hours

Other symptoms of Rheumatism, Gout, Sciatica, Neuralgia, Migraine, Headache, Stomach Ache, Indigestion, Constipation, etc., are relieved in a few minutes by the use of this powerful medicine. It is a true miracle cure for all these ailments. It is a true miracle cure for all these ailments. It is a true miracle cure for all these ailments.

### Cystex

It is a true miracle cure for all these ailments. It is a true miracle cure for all these ailments. It is a true miracle cure for all these ailments.

### Look Slimmer

It is a true miracle cure for all these ailments. It is a true miracle cure for all these ailments. It is a true miracle cure for all these ailments.

### AMBERSON WILSON LTD.

It is a true miracle cure for all these ailments. It is a true miracle cure for all these ailments. It is a true miracle cure for all these ailments.

### SMASHING BLOW AT ENEMY BASES

It is a true miracle cure for all these ailments. It is a true miracle cure for all these ailments. It is a true miracle cure for all these ailments.

### YOU CAN

It is a true miracle cure for all these ailments. It is a true miracle cure for all these ailments. It is a true miracle cure for all these ailments.

### YOU ARE WANTED

It is a true miracle cure for all these ailments. It is a true miracle cure for all these ailments. It is a true miracle cure for all these ailments.

# THE MAN OF VISION

## who made a Dream Come True

By CYRIL P. CORRIGAN

STRANGE are the ways in which the Man and the Hour come together. A young French viscount, stranded in Alexandria on his way to Cairo—and let the mighty project of the Suez Canal be born!

Ferdinand De Lesseps, aristocratic diplomat, was bound for Cairo of the Kingdom. Yellow fever broke out in the ship.

At Alexandria the quarantine officers were aboard. No one in the vessel, they ordered, might danger his journey until the danger of infection was over. Out of play for De Lesseps in his hours of boredom, the French Consul-General sent him a parcel of books.

Among them was a memoir, written on the instructions of the great Napoleon, by the civil engineer Lepere.

De Lesseps read. In the ambitious conqueror's heart a zeal was kindled out of the dead Emperor's grandiose dream which, in all the years to come, was never to be quenched.

In a vague manner Napoleon, seeking to spread his dominion over the earth, had cherished the idea of a vast French colonial empire, based on civilization as yet unknown.

He saw vast armies of engineers, cutting canals and waterways; he dreamed of fleets of conquest and of trade. To open the path before these triumphant legions, routes would have to be opened up through continents.

Canals would flow through countries that were then unknown. The idea was born again in the mind of Ferdinand De Lesseps. Turning the pages of the

### Inspiration

He had children, and their childhood was irradiated with the light of their father's great vision, so that in after years one of them gave to the old canal-maker as unwavering loyalty as ever a son could give.

Time flowed on. The Frenchman's friends in the consulates and embassies almost got tired of chaffing him about his hare-brained scheme.

Because De Lesseps now was silent whenever the subject of Suez and the Canal cropped up, they imagined he had forsaken his dream.

Little did they guess the force of the restless ambition that lay behind, pent up, inside him.

But in 1840, he had so brilliantly distinguished himself as an envoy of the Republic that he "as chosen by his Government to carry out a delicate mission to Rome."

The world just then was watching the drama of the expelled Pope. De Lesseps was negotiating the Pontifical return to the Vatican without blood being shed.

When De Lesseps was negotiating that the Pope should undertake the Papal States, suddenly changed her foreign policy.

The Pope's course was frowned upon. He was recalled, brought before a Council of State and condemned without being given a chance to say a word in his own defence.

Rome, attacked by a French Army, was taken by assault after a bloody siege which lasted for more than a month.

Thus, in the space of one week, De Lesseps did what the Pope had failed to do in a lifetime.

Under a cloud, he was made the scapegoat, an object of public scorn.

This was not the worst. Just at a time when Destiny was dealing him blow after blow, the Frenchman lost his wife and daughter, at a few days' interval.

Perhaps he could not have borne up against such terrible reverses had not an event occurred which was at long last to bring him back to the centre of his life's mission.

In the days of his youth he had been a friend of the Emperor Napoleon. In the days of his youth he had been a friend of the Emperor Napoleon.

### Opportunity

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### OUR need today of Men of Vision is greater than at any time during the history of civilisation.

Ferdinand De Lesseps, builder of the Suez Canal, the glittering prize that Mussolini sought and missed in Egypt, was such a man. How his genius and foresight, the fruits of which General Wavell has now made safe for Britain, opened up a new era in the East is here described.

The Viceroys, "however difficult," is regarded by modern science as impossible.

It is easy to show that the cost of such a canal, taking the highest estimate, would not be out of proportion with the usefulness and profit of the great work, which would bridge by more than half the distance between the principal countries of Europe, America and the Indies.

The name of the Prince who opens this great maritime canal will be named from century to century down to the most distant posterity.

There spoke the Man of Vision! The story of the building of the Suez Canal is a legend that will persist to the end of time.

All the world knows of the international storm that arose at the outset of this mighty enterprise.

How Lord Palmerston, the British Foreign Minister, opposed De Lesseps and his scheme; how Stephenson, the famous British engineer, urged him to drop the whole plan; how the Dual Alliance kept on reminding him that Port Said was full of mud and that the desert sands would fill the trenches—

His foresight, his faith, so buoyed him up that he was able to make an argument that his adversaries were in the wrong.

How great must have been the courage which helped him to undertake such a task at a time when mechanical appliances for excavation and similar work did not exist.

Straitaway he embarked on

### JOYCE TURNS OVER A NEW LEAF

COME ALONG, JOYCE! I PROMISED HIM WE'D ENJOY THE AFTERNOON.

ON JOYCE MUST WE? I FEEL SO SURE ABOUT THAT CONSTITUTION.

YOU'VE ALWAYS WATCHED THESE DANCE JAZZ BOYS HAVE ABOUT THAT CONSTITUTION.

WHAT'S THE TRICK OF IT? HUNDREDS OF DANCESTERS NOTHING BUT JOYCE'S CONSTITUTION.

AT THE DISTRICT NURSE'S

IT'S IMPROBABLE THAT ANY OF THESE GUYS WOULD GET INTO THE DISTRICT NURSE'S.

OF COURSE THEY WOULDN'T! YOU DON'T WANT TO GO TO THE DISTRICT NURSE'S.

HERE'S THE PAGE FROM NURSE'S BOOK

And therefore, like the miser, who is so miserly, the miserly man is so miserly.

THE ALL-BRAN IS WONDERFULLY CRISP AND RICE! I NEVER EXPECTED ANYTHING THAT TASTES SO GOOD. YOU GOT TO TASTE IT TO BELIEVE IT.

GOOD IDEA, JOYCE! TASTE IT!

NEXT MORNING

THIS ALL-BRAN IS WONDERFULLY CRISP AND RICE! I NEVER EXPECTED ANYTHING THAT TASTES SO GOOD. YOU GOT TO TASTE IT TO BELIEVE IT.

GOOD IDEA, JOYCE! TASTE IT!

### CONSTIPATION RELIEVED BY A FOOD

NOT a medicine, not a drug, All-Bran is a crisp, delicious breakfast food. It is regularly eaten for breakfast, drink with it, and you can say goodbye to constipation for ever. You'll be gloriously free of the troubles of the bowels, and you'll be able to enjoy life to the full. Ask your grocer for Kellogg's All-Bran.

### WAR-TIME NERVES

Your blood is too thin

The people whose nerves crack first in a crisis are those who have thin blood. It's your blood that feeds your nerves. The more nervous, therefore, and the more strong, strong, strong, is just one thing to do: make your blood strong.

ONE of the most helpful, essential and inexpensive friends we can have is our medicine chest. And this is a jar of Vaseline Brand Petroleum Jelly.

When the blackouts or air-raid cause slight cuts, bruises, abrasions, or scratches, this Vaseline petroleum jelly should be applied immediately. You can also make your own emergency kit for the deodorizing of your skin by smearing cotton wool with Vaseline jelly.

Buy your Vaseline Brand Petroleum Jelly now.

### Vaseline

Brand Petroleum Jelly

### End that COLD

Stop that Attack of COLD

Don't let Winter Ills get the upper hand of you this winter. Take a little Vaseline Brand Petroleum Jelly, the very first sign of cold, cough or flu. You will be surprised and delighted to find your symptoms disappear and you feel fit again. The reason is because of their special powder form. Your supply today. They come only in one size—everybody should have them.

WINTER ILLS

RHEUMATISM

LUMBAGO

NEURALGIA

ACT LIKE MAGIC



















